

# Slimex<sup>Tablet</sup>

Relieves sthauay, fat, carbohydrate and makes slimy

**Composition :** Slimex is used the management of obesity, including weight loss and management of weight loss. Excessive physical growth of body in general is called sthauya. A person gains weight if he eats more than what his body uses. **Causes of sthauya :** Life style, Dietary and Heredity are the main cause of sthauya. **Life style cause :** Has little physical activity, mental rest, day sleep and careless life style. **Dietary cause :** over eating heavy, sweet, cold, unctuous food, milk products, fried food, preserved and canned food. The body mass index (B.M.I.) of 30 or higher in males and 28.6 or more in females indicates obesity.

**Each tablet contains:**

Tracayspermum ammi (jowin)	100 mg
Carum carvi (sia jira)	100 mg
Coccus lacca (lacca)	100 mg

And other ingredients

(Ref: Muhazzil, Bangladesh National Unani Formulary)

**Unani Medicine.**

**Indication :**

1. Slimex tablet reduces obesity.
2. Slimex reduces fat and abdominal fat.
3. It decreases LDL cholesterol and reduces excess oil of the skin.
4. Slimex tablet prevent the store of fat and relieves depression.
5. Slimex tablet reduces sthauys and makes slim, and smart.

**Description : Cocus lacca (lacca) :** Active ingredients of lacca resolve obstruction. Lacca reduces obesity, weight and fat in the adipose persons. Lacca also effective for various disease of the kidney, Jaundice, oedema, back pain, rheumatic pain, muscle pain and hysteria.

**Carum carvi (sia jira) :** Sia jira contains volatile oil, essential oil, carvon rished thimen, kuminol, terpen and thaimol combined there are very much effect in the body for liquifies the matter. Carum carvi decreases the saliva secretion. It is astringent and diuretic. It also acts as a juice absorbent in the body and prevents unlimited weight gain. Carum carvi decreases body weight and obesity.

**Trachyspermum ammi (jowin) :** Jowin contains volatile oil, essential oil, crystalline substances aroptin, cumin, thaimen all these alkaloids are carminative astringent and stimulant.

**Dosage :** 2 tablets twice daily with or without food. If there is inadequate weight loss, the dosage may be 2 tablets thrice daily.

**Side effect :** No significant side effect has been observed. Less frequently reported dry mouth, insomnia, anorexia and constipation.

**Use in special population :** Slimex is not recommended for Pediatrics, Renal insufficiency, Hepatic Insufficiency, Pregnancy and Nursing mother.

**Commercial pack :** Box contains 50 tablets in 5x10-blister strips.

Store in a cool & dry place, protected from light.

Keep all medicines out of reach of children.

\*Further information is available on request.



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